

**NBCMI and CCHI Oral Exam Prep   
English Glossary   
By InterpreMed.com**

**Idioms**

|  |  |  |
| --- | --- | --- |
| **ENGLISH** | **YOUR OTHER LANGUAGE** | **DEFINITION (AS NEEDED)** |
| A bitter pill to swallow |  | Something unpleasant or difficult to accept |
| A clean bill of health |  | For example, when the doctor tells you that you have a clean bill of health it means that you are officially healthy/fit |
| Alive and kicking |  | Healthy and active |
| As blind as a bat |  | To have very bad eyesight |
| As fit as a fiddle |  | To be in good physical condition |
| As pale as a ghost |  | To be very pale due to nausea or fear |
| As sick as a dog |  | To be very sick |
| A taste of your own medicine |  | To have an unpleasant experience that you have given to someone else |
| At death’s door |  | On the point of dying or very ill |
| A wake-up call |  | To acknowledge a problem |
| Bag of bones |  | Very thin person |
| Black and blue |  | Covered in bruises |
| Hale and hearty |  | In very good health |
| In shape |  | To be fit, to e in a good state of health |
| On its last leg |  | Something in a very bad condition and it will soon be unable to keep working as it should |
| Out of shape |  | When something is no longer in a good state |
| Safe and sound |  | Healthy, free from injury or danger |
| To be back on one’s feet |  | To be healthy after being sick |
| To black out |  | To faint, to pass out |
| To call in sick |  | To call the place where you work and tell them you will not be going to work because you are sick |
| To flare up |  | Sudden worsening of a symptom of a disease |
| To go under the knife |  | To have surgery |
| To kick the bucket |  | To die |
| To run in the family |  | A hereditary disease or condition |
| Under the weather |  | In low spirits, to feel unwell |

Drugs

**Note: You don’t need to know this by heart. Just become familiar with it so you know how to identify a medication when you hear the name. But don’t force yourself to learn all the names. Just review it every once in a while.**

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| **MEDICATION TYPE** | **YOUR OTHER LANGUAGE** | **DEFINITION (AS NEEDED)** |
| ACE inhibitors |  |  |
| Analgesics |  |  |
| Anesthetics |  |  |
| Antacids |  |  |
| Antibiotics |  |  |
| Anticoagulants |  |  |
| Antidepressants |  |  |
| Antiemetic |  |  |
| Anti-fungal |  |  |
| Antihistamines |  |  |
| Anti-inflammatory |  |  |
| Antiseptics |  |  |
| Barbiturates |  |  |
| Blood thinners |  |  |
| Capsules |  |  |
| Decongestants |  |  |
| Drops |  |  |
| Hormonal contraception |  |  |
| Implant or patch |  |  |
| Inhaler |  |  |
| Injection |  |  |
| Insulin |  |  |
| Laxatives |  |  |
| Mood stabilizers |  |  |
| Muscle relaxant |  |  |
| NSDAIs (nonsteroidal anti-inflammatory drugs) |  |  |
| Ointments |  |  |
| Opioid |  |  |
| Oral contraceptives |  |  |
| Pill |  |  |
| Probiotics |  |  |
| Statins |  |  |
| Steroids |  |  |
| Stimulants |  |  |
| Supplements |  |  |
| Suppositories |  |  |
| Topical medicine |  |  |
| Tranquilizers |  |  |
| Vitamins |  |  |
| **DRUG NAME** | **YOUR OTHER LANGUAGE** | **THIS MEDICATION IS USED FOR** |
| Codeine |  | Pain |
| Amoxicillin |  | Bacterial infection |
| Hydrocodone |  | Pain |
| Lisinopril |  | Hypertension |
| Simvastatin |  | High cholesterol |
| Levothyroxine |  | Hypothyroidism |
| Azithromycin |  | Bacterial infection |
| Lipitor |  | High cholesterol |
| Hydrochlorothiazide |  | Edema/hypertension |
| Alprazolam |  | Anxiety/depression |
| Atenolol |  | Hypertension |
| Metformin |  | Type 2 diabetes |
| Metoprolol |  | Hypertension |
| Furosemide |  | Edema/hypertension |
| Sertraline |  | Depression |
| Omeprazole |  | Ulcers/reflux |
| Nexium |  | Ulcers/reflux |
| Lexapro |  | Depression |
| Oxycodone |  | Pain |
| Singulair |  | Asthma |
| Plavix |  | Blood clotting |
| Prednisone |  | Allergies/inflammation |
| Fluoxetine |  | Depression |
| Synthroid |  | Hypothyroidism |
| Warfarin |  | Blood clotting |
| Cephalexin |  | Bacterial infection |
| Lorazepam |  | Anxiety |
| Clonazepam |  | Epilepsy/anxiety |
| Citalopram |  | Depression |
| Tramadol |  | Pain |
| Gabapentin |  | Epilepsy/pain |
| Ciprofloxacin |  | Bacterial infection |

General medical terms

**Note: If you don’t understand a term or it’s new for you, search it on Google or reliable sources like:**

MSD Manuals

MedlinePlus

Mayo Clinic

Center for Disease Control (CDC)

|  |  |  |
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| **ENGLISH** | **YOUR OTHER LANGUAGE** | **DEFINITION (AS NEEDED)** |
| 30-day supply |  |  |
| Abdominal ultrasound |  |  |
| Acid reflux |  |  |
| Acute carpal tunnel syndrome |  |  |
| Acute otitis media |  |  |
| Acute pain |  |  |
| Air sacs |  |  |
| Airways |  |  |
| Alcohol abuse |  |  |
| Allergic reaction |  |  |
| Alveoli |  |  |
| Amniocentesis |  |  |
| Amniotic fluid |  |  |
| Amniotic sac |  |  |
| Anemia |  |  |
| Anesthesia |  |  |
| Anesthetics |  |  |
| Angina |  |  |
| Angioplasty |  |  |
| Antibiotic resistance |  |  |
| Antibiotics |  |  |
| Anticoagulant |  |  |
| Anxious |  |  |
| Aorta |  |  |
| Appendectomy |  |  |
| Appetite |  |  |
| Arrhythmia |  |  |
| Arterial blood gas test (ABG test) |  |  |
| Arteries |  |  |
| Asthma |  |  |
| Atherosclerosis |  |  |
| Atrial fibrillation |  |  |
| Atrium |  |  |
| Attending physician |  |  |
| Audiology |  |  |
| Belching |  |  |
| Bile |  |  |
| Biliary system |  |  |
| Bilirubin |  |  |
| Birth control |  |  |
| Birth control implant |  |  |
| Bitter taste |  |  |
| Bleeding (hemorrhage) |  |  |
| Bloating |  |  |
| Blood clot |  |  |
| Blood flow |  |  |
| Blood glucose levels |  |  |
| Blood in the urine |  |  |
| Blood pressure |  |  |
| Blood pressure cuff |  |  |
| Blood pressure reading |  |  |
| Blood test |  |  |
| Blood thinner |  |  |
| Blood vessels |  |  |
| Blurry vision |  |  |
| Body aches |  |  |
| Bone mineral density |  |  |
| Braxton Hicks contractions |  |  |
| Breast cancer |  |  |
| Breast exam |  |  |
| Bright red blood |  |  |
| Broken bone |  |  |
| Bronchodilator |  |  |
| Bruise |  |  |
| Bump |  |  |
| Burning pain |  |  |
| Bypass surgery |  |  |
| Calf |  |  |
| Carb intake |  |  |
| Cardiovascular problems |  |  |
| Cataract surgery |  |  |
| Celiac disease |  |  |
| Cerebrovascular accident (CVA) |  |  |
| Cervical cancer |  |  |
| Cervix |  |  |
| Chemotherapy |  |  |
| Chest pain |  |  |
| Chickenpox |  |  |
| Chills |  |  |
| Chlamydia |  |  |
| Cholangitis |  |  |
| Cholecystectomy |  |  |
| Cholecystitis |  |  |
| Cholesterol |  |  |
| Cholesterol test |  |  |
| Chromosome |  |  |
| Chronic disease |  |  |
| Chronic illness |  |  |
| Chronic Obstructive Pulmonary Disease (COPD) |  |  |
| Chronic pain |  |  |
| Cigarette packs |  |  |
| Clinic |  |  |
| Coinsurance rate |  |  |
| Common bile duct |  |  |
| Congestive Heart Failure (CHF) |  |  |
| Constipation |  |  |
| Contagious |  |  |
| Contraceptive pills |  |  |
| Co-pay |  |  |
| Coronary Artery Bypass Graft (CABG) |  |  |
| Coronary Artery Disease (CAD) |  |  |
| Cough |  |  |
| Cough drops |  |  |
| Cough flare-ups |  |  |
| Coughing fits |  |  |
| Covered services |  |  |
| Crohn’s disease |  |  |
| C-section |  |  |
| Culture test |  |  |
| Cut |  |  |
| Damage |  |  |
| Deductible |  |  |
| Delirium |  |  |
| Diabetes |  |  |
| Diabetic ketoacidosis |  |  |
| Diarrhea |  |  |
| Difficulty swallowing |  |  |
| Diphtheria |  |  |
| Diphtheria, tetanus, pertussis (Dtap) |  |  |
| Discharge |  |  |
| Discomfort |  |  |
| Distal radius fracture |  |  |
| Distended abdomen |  |  |
| Dizziness |  |  |
| Doctor’s office |  |  |
| Doctor’s visit |  |  |
| Dose |  |  |
| Drilling pain |  |  |
| Drug abuse |  |  |
| Drugs |  |  |
| Dry cough |  |  |
| Due date |  |  |
| Dull pain |  |  |
| Dyspnea |  |  |
| Ear drainage |  |  |
| Ear drops |  |  |
| Ear infection |  |  |
| Ear tubes |  |  |
| Ear, nose, and throat doctor (ENT doctor) |  |  |
| Earache |  |  |
| Eardrums |  |  |
| Earlobe |  |  |
| Eclampsia |  |  |
| Electrocardiogram (ECG) |  |  |
| Eligibility requirements |  |  |
| Embolisms |  |  |
| Emergency Room |  |  |
| Emphysema |  |  |
| Endometriosis |  |  |
| Endoscopic Retrograde Cholangiopancreatography (ERCP) |  |  |
| Episiotomy |  |  |
| Estimated cost |  |  |
| Eustachian tube |  |  |
| Exercise |  |  |
| Exercise stress test |  |  |
| Exertion |  |  |
| Exhale |  |  |
| Eye drops |  |  |
| Eye twitch |  |  |
| Facial nerve |  |  |
| False labor |  |  |
| Family history |  |  |
| Fatty foods |  |  |
| Fever |  |  |
| Fibroids |  |  |
| Finger prick |  |  |
| First-time mother |  |  |
| Fluid sample |  |  |
| Food poisoning |  |  |
| Forearm |  |  |
| Forehead |  |  |
| Formula |  |  |
| Foul odor |  |  |
| Fullness |  |  |
| Fussy |  |  |
| Gallbladder |  |  |
| Gallbladder removal |  |  |
| Gallstones |  |  |
| Gas |  |  |
| Gastroenterologist |  |  |
| Gastrointestinal disorder |  |  |
| General anesthesia |  |  |
| Genetic |  |  |
| Genetic abnormality |  |  |
| Genital herpes |  |  |
| GERD (Gastroesophageal Reflux Disease) |  |  |
| Gestational diabetes |  |  |
| GI doctor (gastroenterologist) |  |  |
| Gloves |  |  |
| Glucometer |  |  |
| Gonorrhea |  |  |
| Graft |  |  |
| Groin |  |  |
| Hairline fracture |  |  |
| HDL cholesterol |  |  |
| Headache |  |  |
| Health Insurance Marketplace |  |  |
| Health insurance plan |  |  |
| Healthcare facility |  |  |
| Healthcare provider |  |  |
| Healthy lifestyle |  |  |
| Hearing loss |  |  |
| Heart attack |  |  |
| Heart murmur |  |  |
| Heart rate |  |  |
| Heart rhythm |  |  |
| Heartbeat |  |  |
| Heavy bleeding |  |  |
| Heavy periods |  |  |
| Height and weight |  |  |
| Hematuria |  |  |
| Hemoglobin A1C |  |  |
| Hemorrhoids |  |  |
| Hepatitis |  |  |
| Hereditary |  |  |
| High cholesterol |  |  |
| Hives |  |  |
| Hoarse |  |  |
| Hold your breath |  |  |
| Hormone |  |  |
| Hospital |  |  |
| Hospital network |  |  |
| Hyperlipidemia |  |  |
| Hypertension |  |  |
| Hyperthyroidism (overactive thyroid) |  |  |
| Hypotension |  |  |
| Hypothyroidism (underactive thyroid) |  |  |
| Hysterectomy |  |  |
| Immunizations |  |  |
| Implantable cardioverter defibrillator (ICD) |  |  |
| Incisions |  |  |
| Index finger |  |  |
| Inflammation |  |  |
| Infusion set |  |  |
| Inhale |  |  |
| Injection |  |  |
| Injury |  |  |
| Inner ear |  |  |
| In-network providers |  |  |
| Insulin |  |  |
| Insulin pen |  |  |
| Insulin pump |  |  |
| Insulin-dependent diabetes |  |  |
| Invasive procedure |  |  |
| Irregular periods |  |  |
| Irritable Bowel Syndrome (IBS) |  |  |
| Itching |  |  |
| IUD (Intrauterine Device) |  |  |
| Jaundice |  |  |
| Jogging |  |  |
| Joint replacement |  |  |
| Juvenile diabetes |  |  |
| Juvenile-onset diabetes |  |  |
| Keyhole cholecystectomy |  |  |
| Kidney disease |  |  |
| Labor and delivery |  |  |
| Lack of energy |  |  |
| Lancets |  |  |
| Laparoscopic surgery |  |  |
| LDL cholesterol |  |  |
| Left untreated |  |  |
| Lifestyle changes |  |  |
| Life-threatening condition |  |  |
| Ligament |  |  |
| Lightheaded |  |  |
| Live births |  |  |
| Liver |  |  |
| Local anesthesia |  |  |
| Long-acting insulin |  |  |
| Loss of appetite |  |  |
| Loss of function |  |  |
| Lower back pain |  |  |
| Low-fat diet |  |  |
| Lump |  |  |
| Lymph nodes |  |  |
| Marijuana |  |  |
| Mask |  |  |
| Mass |  |  |
| Mastoid bone |  |  |
| Mastoid process |  |  |
| Mastoiditis |  |  |
| Measles, mumps, rubella (MMR) |  |  |
| Medicaid |  |  |
| Medical condition |  |  |
| Medical history |  |  |
| Medical records |  |  |
| Medicare |  |  |
| Medication tier |  |  |
| Medicine bottle |  |  |
| Meningitis |  |  |
| Menstrual cycle |  |  |
| Mesh |  |  |
| Middle ear |  |  |
| Middle finger |  |  |
| Midwife |  |  |
| Mild ache |  |  |
| Mild pain |  |  |
| Milligrams |  |  |
| Milliliters |  |  |
| Minimally invasive procedure |  |  |
| Miscarriage |  |  |
| Mood |  |  |
| Muffled hearing |  |  |
| Muscle soreness |  |  |
| Nasal spray |  |  |
| Natural delivery |  |  |
| Nausea |  |  |
| Nerve decompression |  |  |
| Nicotine patch |  |  |
| Nosebleed |  |  |
| Nuclear perfusion imaging |  |  |
| Nuclear stress test |  |  |
| Numbing drops |  |  |
| Numbness |  |  |
| Nuts |  |  |
| OBGYN |  |  |
| Obstruction (blockage) |  |  |
| Ointment |  |  |
| On an empty stomach |  |  |
| Once a day |  |  |
| Open Enrollment Period |  |  |
| Operating room |  |  |
| Ophthalmologist |  |  |
| Orthopedic specialist |  |  |
| Osteopenia |  |  |
| Osteoporosis |  |  |
| Otoscope |  |  |
| Outer ear |  |  |
| Out-of-pocket cost |  |  |
| Ovarian cancer |  |  |
| Over-the-counter medication |  |  |
| Oxygen tank |  |  |
| Oxygen therapy |  |  |
| Pacemaker |  |  |
| Painkiller |  |  |
| Palpitations |  |  |
| Pancreas |  |  |
| Pap smear |  |  |
| Passageway |  |  |
| Pelvic exam |  |  |
| Pelvic inflammatory disease (PID) |  |  |
| Peptic ulcers |  |  |
| Physical exam |  |  |
| Pill |  |  |
| Pink-colored urine |  |  |
| Pins and needles |  |  |
| Plaque |  |  |
| Platelets |  |  |
| Polyps |  |  |
| Postpartum |  |  |
| Pounding heart |  |  |
| Preeclampsia |  |  |
| Preeclampsia |  |  |
| Pregnant |  |  |
| Premium |  |  |
| Prenatal vitamins |  |  |
| Prescription coverage |  |  |
| Prescription drug |  |  |
| Pricking pain |  |  |
| Primary care |  |  |
| Primary care physician |  |  |
| Procedure |  |  |
| Pulmonary function test |  |  |
| Pulmonary rehabilitation |  |  |
| Pulse oximeter |  |  |
| Pus |  |  |
| Radiating pain |  |  |
| Radius |  |  |
| Range of motion |  |  |
| Rapid strep test |  |  |
| Rapid-acting insulin |  |  |
| Rash |  |  |
| Recovery area |  |  |
| Red blood cells |  |  |
| Redness |  |  |
| Referral |  |  |
| Refill |  |  |
| Regional anesthesia |  |  |
| Relief |  |  |
| Runny nose |  |  |
| Sclera |  |  |
| Seizures |  |  |
| Sexually transmitted disease (STD) |  |  |
| Sharp pain |  |  |
| Short of breath |  |  |
| Short-acting insulin |  |  |
| Shortness of breath |  |  |
| Shoulder blades |  |  |
| Side-effect |  |  |
| Sit her on your lap |  |  |
| Skin patch |  |  |
| Smallpox |  |  |
| Smoking |  |  |
| Smoking cessation program |  |  |
| Soft foods |  |  |
| Sore throat |  |  |
| Spasms |  |  |
| Specialty care |  |  |
| Spine |  |  |
| Spirometer |  |  |
| Spotting between periods |  |  |
| Squeezing pain |  |  |
| Stabbing pain |  |  |
| Stent |  |  |
| Stenting |  |  |
| Step on the scale |  |  |
| Steroid medication |  |  |
| Stethoscope |  |  |
| Stiff joints |  |  |
| Stitches |  |  |
| Stomach cramps |  |  |
| Streaks of pus |  |  |
| Strep throat |  |  |
| Stress test |  |  |
| Stressed |  |  |
| Stretcher |  |  |
| Stroke |  |  |
| Stuffy nose |  |  |
| Sugar intake |  |  |
| Surgeon |  |  |
| Surgery |  |  |
| Surgical cut |  |  |
| Surgical treatment |  |  |
| Sutures |  |  |
| Swab test |  |  |
| Swab, Q-tip |  |  |
| Swelling |  |  |
| Syphilis |  |  |
| Tablet |  |  |
| Tachycardia |  |  |
| Tailbone |  |  |
| Target heart rate |  |  |
| Temperature |  |  |
| Temples |  |  |
| Tenderness |  |  |
| Tendon |  |  |
| Test strips |  |  |
| Tetanus |  |  |
| The flu |  |  |
| The full course of antibiotics |  |  |
| The lens of your eye |  |  |
| The physician on call |  |  |
| Throat lozenges |  |  |
| Throbbing pain |  |  |
| Thumb |  |  |
| Thyroid disease |  |  |
| Thyroid disorders |  |  |
| Thyroid level |  |  |
| Tight pain |  |  |
| Tingling |  |  |
| To be overweight |  |  |
| To bend over |  |  |
| To block the pain |  |  |
| To breastfeed |  |  |
| To breathe in |  |  |
| To breathe out |  |  |
| To catch a cold |  |  |
| To clear your throat |  |  |
| To conceive a baby |  |  |
| To contract a disease |  |  |
| To cough up blood |  |  |
| To cough up phlegm |  |  |
| To exert yourself |  |  |
| To feel angry |  |  |
| To feel nervous |  |  |
| To gain weight |  |  |
| To gargle |  |  |
| To gasp |  |  |
| To grimace |  |  |
| To have a cold |  |  |
| To listen to your heart and lungs |  |  |
| To open the airways |  |  |
| To pant |  |  |
| To pass out |  |  |
| To pass the kidney stones |  |  |
| To prescribe |  |  |
| To puke |  |  |
| To reduce a fracture |  |  |
| To reimburse |  |  |
| To run a fever |  |  |
| To run in the family |  |  |
| To run out of medicine |  |  |
| To set or realign a bone |  |  |
| To stay still |  |  |
| To strain yourself |  |  |
| To swab |  |  |
| To thin the uterine lining |  |  |
| To throw up |  |  |
| To trigger |  |  |
| To undergo surgery |  |  |
| Tongue depressor |  |  |
| Tonsils |  |  |
| Topical lotion |  |  |
| Transient Ischemic Attack (TIA) |  |  |
| Treadmill |  |  |
| Triage |  |  |
| Trigger |  |  |
| Trimester |  |  |
| Tuberculosis |  |  |
| Twitching |  |  |
| Tympanostomy tubes |  |  |
| Type 1 diabetes mellitus |  |  |
| Ulna |  |  |
| Ultrasound |  |  |
| Ultrasound tech |  |  |
| Unbearable pain |  |  |
| Upset stomach |  |  |
| Urgent care services |  |  |
| Urinalysis |  |  |
| Urinary Tract Infection (UTI) |  |  |
| Urine specimen |  |  |
| Uterine cancer |  |  |
| Uterus |  |  |
| Uvula |  |  |
| Vaginal discharge |  |  |
| Valves |  |  |
| Varicella |  |  |
| Varicose veins |  |  |
| Veins |  |  |
| Venereal warts |  |  |
| Ventilator |  |  |
| Ventricles |  |  |
| Vitamin |  |  |
| Weak or narrow arteries |  |  |
| Weight gain |  |  |
| Weight loss |  |  |
| Wet cough |  |  |
| Wheezing |  |  |
| White blood cells |  |  |
| White patches |  |  |
| Womb |  |  |
| Wound |  |  |
| Wrist |  |  |
| X-ray scan |  |  |
| Yearly flu shot |  |  |
| Yeast infection |  |  |
| Yellowing of the skin |  |  |