

**NBCMI and CCHI Oral Exam Prep
English-Spanish
By InterpreMed.com**

**Idioms**

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| **ENGLISH** | **SPANISH** | **DEFINITION (AS NEEDED)** |
| A bitter pill to swallow | Algo difícil de aceptarUn trago amargo  | Something unpleasant or difficult to accept  |
| A clean bill of health  | Visto bueno | For example, when the doctor tells you that you have a clean bill of health it means that you are officially healthy/fit  |
| Alive and kicking | Vivito y coleando | Healthy and active  |
| As blind as a bat | Más ciego que un topo | To have very bad eyesight  |
| As fit as a fiddle | Sano como una manzana Rebosar de salud  | To be in good physical condition  |
| As pale as a ghost | Blanco como la leche | To be very pale due to nausea or fear  |
| As sick as a dog | Muy enfermo | To be very sick  |
| A taste of your own medicine | Una cucharada de tu propia medicine  | To have an unpleasant experience that you have given to someone else  |
| At death’s door | En las últimasA las puertas de la muerte | On the point of dying or very ill  |
| A wake-up call  | Una advertenciaDarse cuenta de un problema  | To acknowledge a problem  |
| Bag of bones  | FlacoDelgaduchoEsqueleto | Very thin person |
| Black and blue  | Lleno de moretones | Covered in bruises  |
| Hale and hearty  | En muy buen estado  | In very good health  |
| In shape  | En forma | To be fit, to e in a good state of health  |
| On its last leg  | En las últimas En los momento finales  | Something in a very bad condition and it will soon be unable to keep working as it should |
| Out of shape | Fuera de forma  | When something is no longer in a good state  |
| Safe and sound  | Sano y salvo | Healthy, free from injury or danger  |
| To be back on one’s feet | Estar recuperado | To be healthy after being sick  |
| To black out  | DesmayarseDesvanecerse  | To faint, to pass out  |
| To call in sick  | Ausentarse por enfermedad | To call the place where you work and tell them you will not be going to work because you are sick  |
| To flare up  | ReagudizarExacerbar  | Sudden worsening of a symptom of a disease  |
| To go under the knife | Pasar por el quirófanoSometerse a cirugía  | To have surgery |
| To kick the bucket  | Estirar la pataColgar los tenis | To die  |
| To run in the family  | Venir de familia | A hereditary disease or condition  |
| Under the weather  | Indispuesto Sentirse mal  | In low spirits, to feel unwell  |

**Folk diseases and culture-bound symptoms**

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| **ENGLISH** | **SPANISH** | **DEFINITION**  |
| Attack of nerves | Ataque de nervios  | Intense emotional upset, anxiety, anger, or grief  |
| Witchcraft  | Brujería  |  |
| Folk healer | Curandero  |  |
| Indigestion | Empacho  |  |
| Evil eye | Mal de ojo  | Illness caused by a malevolent glare  |
| Fallen fontanelle, sunken fontanelle | Mollera caída | It occurs when the soft spot on a baby’s skull sinks  |
| Fright  | Susto | Illness caused by severe fright or an startling experience |

**Drugs**

**Note: You don’t need to know this by heart. Just become familiar with it so you know how to identify a medication when you hear the name. But don’t force yourself to learn all the names. Just review it every once in a while.**

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| **MEDICATION TYPE** | **YOUR OTHER LANGUAGE** | **DEFINITION (AS NEEDED)** |
| ACE inhibitors  | Inhibidores ACEInhibidores de la enzima convertidora de angiotensina  |  |
| Analgesics | Analgésicos |  |
| Anesthetics  | Anestésicos |  |
| Antacids  | Antácidos |  |
| Antibiotics | Antibióticos |  |
| Anticoagulants | Anticoagulantes |  |
| Antidepressants | Antidepresivos |  |
| Antiemetic | Antieméticos |  |
| Anti-fungal | Antimicótico |  |
| Antihistamines  | Antihistamínicos  |  |
| Anti-inflammatory | Antiinflamatorio  |  |
| Antiseptics | Antiséptico |  |
| Barbiturates  | Barbitúricos  |  |
| Blood thinners  | Medicamentos para reducir la viscosidad de la sangre |  |
| Capsules | Cápsulas |  |
| Decongestants  | Descongestionantes  |  |
| Drops | Gotas |  |
| Hormonal contraception  | Contraceptivo hormonal |  |
| Implant or patch | Implante o parche |  |
| Inhaler | Inhalador  |  |
| Injection |  |  |
| Insulin  |  |  |
| Laxatives |  |  |
| Mood stabilizers  |  |  |
| Muscle relaxant  |  |  |
| NSDAIs (nonsteroidal anti-inflammatory drugs)  |  |  |
| Ointments  |  |  |
| Opioid |  |  |
| Oral contraceptives |  |  |
| Pill |  |  |
| Probiotics |  |  |
| Statins  |  |  |
| Steroids  |  |  |
| Stimulants |  |  |
| Supplements  |  |  |
| Suppositories |  |  |
| Topical medicine  |  |  |
| Tranquilizers |  |  |
| Vitamins |  |  |
| **DRUG NAME**  | **YOUR OTHER LANGUAGE** | **THIS MEDICATION IS USED FOR** |
| Codeine |  |  |
| Amoxicillin  |  | Bacterial infection |
| Hydrocodone |  | Pain |
| Lisinopril |  | Hypertension |
| Simvastatin |  | High cholesterol |
| Levothyroxine |  | Hypothyroidism  |
| Azithromycin |  | Bacterial infection |
| Lipitor |  | High cholesterol |
| Hydrochlorothiazide |  | Edema/hypertension  |
| Alprazolam |  | Anxiety/depression |
| Atenolol |  | Hypertension |
| Metformin |  | Type 2 diabetes |
| Metoprolol |  | Hypertension  |
| Furosemide  |  | Edema/hypertension |
| Sertraline |  | Depression |
| Omeprazole |  | Ulcers/reflux |
| Nexium |  | Ulcers/reflux |
| Lexapro |  | Depression |
| Oxycodone |  | Pain  |
| Singulair |  | Asthma |
| Plavix |  | Blood clotting |
| Prednisone |  | Allergies/inflammation  |
| Fluoxetine |  | Depression |
| Synthroid |  | Hypothyroidism  |
| Warfarin |  | Blood clotting  |
| Cephalexin |  | Bacterial infection |
| Lorazepam |  | Anxiety |
| Clonazepam |  | Epilepsy/anxiety |
| Citalopram |  | Depression |
| Tramadol |  | Pain |
| Gabapentin |  | Epilepsy/pain |
| Ciprofloxacin |  | Bacterial infection |

General medical terms

**Note: If you don’t understand a term or it’s new for you, search it on Google or reliable sources like:**

MSD Manuals

MedlinePlus

Mayo Clinic

Center for Disease Control (CDC)

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| **ENGLISH** | **SPANISH** | **DEFINITION (AS NEEDED)** |
| 30-day supply | Suministro de 30 días |  |
| Abdominal ultrasound | Ultrasonido abdominal |  |
| Acid reflux | Reflujo ácido |  |
| Acute carpal tunnel syndrome | Síndrome de túnel carpiano agudo  |  |
| Acute otitis media | Otitis media aguda |  |
| Acute pain | Dolor agudo |  |
| Air sacs | AlvéolosSacos de aire  |  |
| Airways | Vías respiratorias |  |
| Alcohol abuse | Abuso de alcohol |  |
| Allergic reaction | Reacción alérgica |  |
| Alveoli | Alvéolos |  |
| Amniocentesis | Amniocentesis |  |
| Amniotic fluid | Líquido amniótico |  |
| Amniotic sac  | Saco amniótico  |  |
| Anemia | Anemia  |  |
| Anesthesia  | Anestesia |  |
| Anesthetics | Anestésico |  |
| Angina | Angina  |  |
| Angioplasty | Angioplastia |  |
| Antibiotic resistance  | Resistencia a los antibióticos  |  |
| Antibiotics | Antibiótico |  |
| Anticoagulant | Anticoagulante |  |
| Anxious | Ansioso |  |
| Aorta | Aorta |  |
| Appendectomy | Apendectomía |  |
| Appetite | Apetito |  |
| Arrhythmia | Arritmia |  |
| Arterial blood gas test (ABG test) |  Prueba de gasometría arterial |  |
| Arteries | Arterias |  |
| Asthma | Asthma  |  |
| Atherosclerosis | Aterosclerosis |  |
| Atrial fibrillation  | Fibrilación auricular |  |
| Atrium | Aurícula |  |
| Attending physician  | Médico supervisor |  |
| Audiology | Audiología |  |
| Belching | Eructos (tener eructos, eructar)  |  |
| Bile | Bilis |  |
| Biliary system | Sistema biliar |  |
| Bilirubin | Bilirrubina  |  |
| Birth control | Método anticonceptivo |  |
| Birth control implant  | Implante anticonceptivo |  |
| Bitter taste | Sabor amargo |  |
| Bleeding (hemorrhage)  | Sangrado (hemorragia) |  |
| Bloating | Hinchazón |  |
| Blood clot | Coágulo de sangreCoágulo sanguíneo |  |
| Blood flow | Circulación sanguíneaCirculación de la sangreFlujo de sangre |  |
| Blood glucose levels | Niveles de glucosa en la sangre |  |
| Blood in the urine | Sangre en la orina  |  |
| Blood pressure | Presión arterial |  |
| Blood pressure cuff  | Manguito para medir la presión arterial Brazalete para medir la presión arterial |  |
| Blood pressure reading  | Lectura de la presión arterial |  |
| Blood test | Análisis de sangre |  |
| Blood thinner | Medicamento para reducir la viscosidad de la sangre (anticoagulante) |  |
| Blood vessels | Vasos sanguíneos |  |
| Blurry vision | Visión borrosa |  |
| Body aches  | Dolores corporales |  |
| Bone mineral density | Densidad mineral ósea |  |
| Braxton Hicks contractions | Contracciones de Braxton Hicks |  |
| Breast cancer | Cáncer de mama |  |
| Breast exam  | Examen de mamasExamen de seno |  |
| Bright red blood | Sangre rojo brillante  |  |
| Broken bone | Hueso roto |  |
| Bronchodilator | Broncodilatador  |  |
| Bruise | MoretónMagulladuraCardenal  |  |
| Bump | BolitaBulto  |  |
| Burning pain  | Dolor quemanteDolor con ardor  |  |
| Bypass surgery | Cirugía de baipás |  |
| Calf  | Pantorrilla |  |
| Carb intake | Consumo de carbohidratos |  |
| Cardiovascular problems | Problemas cardiovasculares |  |
| Cataract surgery | Cirugía de cataratas  |  |
| Celiac disease | Enfermedad celíaca  |  |
| Cerebrovascular accident (CVA)  | Accidente cerebrovascular  |  |
| Cervical cancer | Cáncer cervical |  |
| Cervix | Cuello uterino  |  |
| Chemotherapy | Quimioterapia |  |
| Chest pain | Dolor de pecho |  |
| Chickenpox | Varicela |  |
| Chills | Escalofrios  |  |
| Chlamydia | Clamidia |  |
| Cholangitis | Colangitis |  |
| Cholecystectomy | Colecistectomía  |  |
| Cholecystitis  | Colecistitis |  |
| Cholesterol | Colesterol |  |
| Cholesterol test | Prueba de colesterol |  |
| Chromosome | Cromosoma  |  |
| Chronic disease | Enfermedad crónica |  |
| Chronic illness  | Padecimiento crónico  |  |
| Chronic Obstructive Pulmonary Disease (COPD) | Enfermedad pulmonar de obstrucción crónica (EPOC) |  |
| Chronic pain | Dolor crónico |  |
| Cigarette packs | Cajetillas de cigarrillos  |  |
| Clinic | Clínica |  |
| Coinsurance rate  | Tasa de coseguro |  |
| Common bile duct  | Conducto biliar común |  |
| Congestive Heart Failure (CHF) | Insuficiencia cardíaca congestiva |  |
| Constipation | Estreñimiento |  |
| Contagious | Contagioso |  |
| Contraceptive pills | Pastillas anticonceptivas |  |
| Co-pay | Copago |  |
| Coronary Artery Bypass Graft (CABG)  | Injerto de baipás de la arteria coronaria |  |
| Coronary Artery Disease (CAD) | Enfermedad de las arterias coronarias  |  |
| Cough  | Tos |  |
| Cough drops | Gotas para la tos |  |
| Cough flare-ups | Ataques de tosReagudización de la tos |  |
| Coughing fits | Ataques de tos  |  |
| Covered services | Servicios cubiertos |  |
| Crohn’s disease | Enfermedad de Crohn  |  |
| C-section | Cesárea |  |
| Culture test | Análisis de cultivo |  |
| Cut | CorteCortadura |  |
| Damage | Daño |  |
| Deductible | Deducible |  |
| Delirium | Delirio |  |
| Diabetes | Diabetes |  |
| Diabetic ketoacidosis | Cetoacidosis diabética |  |
| Diarrhea | Diarrea |  |
| Difficulty swallowing  | Dificultad para tragar |  |
| Diphtheria | Difteria |  |
| Diphtheria, tetanus, pertussis (Dtap)  | Difteria, tétano, pertusis  |  |
| Discharge | SecreciónFlujo (vaginal)  |  |
| Discomfort | Molestia |  |
| Distal radius fracture  | Fractura del radio distal |  |
| Distended abdomen  | Abdomen distendido  |  |
| Dizziness | Mareo |  |
| Doctor’s office | Consultorio |  |
| Doctor’s visit  | Consulta |  |
| Dose | Dosis  |  |
| Drilling pain | Dolor perforante |  |
| Drug abuse | Abuso de drogas |  |
| Drugs | Drogas |  |
| Dry cough  | Tos seca |  |
| Due date | Fecha de alumbramiento |  |
| Dull pain  | Dolor sordo |  |
| Dyspnea | Disnea |  |
| Ear drainage  | Secreción del oído |  |
| Ear drops | Gotas para los oídos |  |
| Ear infection  | Infección del oído |  |
| Ear tubes | Tubos para los oídos |  |
| Ear, nose, and throat doctor (ENT doctor) | Doctor de los oídos, nariz y gargantaOtorrinolaringólogoOtorrino  |  |
| Earache  | Dolor de oído |  |
| Eardrums | Tímpanos  |  |
| Earlobe | Lóbulo  |  |
| Eclampsia | Eclampsia |  |
| Electrocardiogram (ECG)  | Electrocardiograma |  |
| Eligibility requirements | Requisitos de elegibilidad |  |
| Embolisms | Embolias |  |
| Emergency Room | Sala de emergencia  |  |
| Emphysema | Enfisema |  |
| Endometriosis  | Endometriosis |  |
| Endoscopic Retrograde Cholangiopancreatography (ERCP) | Colangiopancreatografía retrógrada endoscópica  |  |
| Episiotomy | Episiotomía |  |
| Estimated cost | Costo aproximado |  |
| Eustachian tube | Trompas de Eustaquio |  |
| Exercise | Ejercicio  |  |
| Exercise stress test | Prueba de esfuerzo con ejercicio |  |
| Exertion  | Esfuerzo |  |
| Exhale | Exhalar |  |
| Eye drops | Gotas para los ojos |  |
| Eye twitch | Temblor en el ojoFasciculación en el ojo  |  |
| Facial nerve | Nervio facial |  |
| False labor | Parto falso |  |
| Family history | Historial familiar  |  |
| Fatty foods  | Comidas grasosas |  |
| Fever | Fiebre |  |
| Fibroids  | Fibroides |  |
| Finger prick | Punción del dedo |  |
| First-time mother | Madre primeriza |  |
| Fluid sample  | Muestra de fluido  |  |
| Food poisoning | Intoxicación alimentaria |  |
| Forearm | Antebrazo |  |
| Forehead | Frente |  |
| Formula | Fórmula |  |
| Foul odor | Mal olor  |  |
| Fullness | Sensación de llenura |  |
| Fussy  | Inquieto |  |
| Gallbladder | Vesícula biliar |  |
| Gallbladder removal  | Extracción de la vesícula biliar |  |
| Gallstones | Cálculos biliares |  |
| Gas | Gas |  |
| Gastroenterologist | Gastroenterólogo  |  |
| Gastrointestinal disorder | Trastorno gastrointestinal |  |
| General anesthesia  | Anestesia general |  |
| Genetic | Genético |  |
| Genetic abnormality  | Anormalidad genética |  |
| Genital herpes | Herpes genital |  |
| GERD (Gastroesophageal Reflux Disease)  | Enfermedad de reflujo gastroesofágico |  |
| Gestational diabetes | Diabetes gestacional |  |
| GI doctor (gastroenterologist)  | Doctor de gastroenterología (gastroenterólogo)  |  |
| Gloves | Guantes |  |
| Glucometer | Glucómetro |  |
| Gonorrhea | Gonorrea |  |
| Graft | Injerto |  |
| Groin | Ingle  |  |
| Hairline fracture  | Fractura capilar |  |
| HDL cholesterol | Colesterol de lipoproteína de alta densidad  |  |
| Headache | Dolor de cabeza |  |
| Health Insurance Marketplace | Mercado de Seguros Médicos  |  |
| Health insurance plan | Plan de seguro médico |  |
| Healthcare facility  | Centro de atención médicaCentro de salud  |  |
| Healthcare provider | Proveedor de atención médica |  |
| Healthy lifestyle | Estilo de vida saludable |  |
| Hearing loss | Pérdida de la audición |  |
| Heart attack | Ataque cardíaco |  |
| Heart murmur | Soplo cardíaco |  |
| Heart rate | Frecuencia cardíaca |  |
| Heart rhythm  | Ritmo cardíaco |  |
| Heartbeat | Latido del corazónLatido  |  |
| Heavy bleeding  | Sangrado abundante  |  |
| Heavy periods | Periodos abundantes |  |
| Height and weight  | Altura y peso |  |
| Hematuria | Hematuria  |  |
| Hemoglobin A1C | Hemoglobina A1C |  |
| Hemorrhoids | Hemorroides |  |
| Hepatitis | Hepatitis |  |
| Hereditary | Hereditario |  |
| High cholesterol | Colesterol alto |  |
| Hives | Urticarias |  |
| Hoarse | Ronquera, ronco/a |  |
| Hold your breath | Contener la respiración |  |
| Hormone | Hormona |  |
| Hospital | Hospital |  |
| Hospital network | Red hospitalaria |  |
| Hyperlipidemia | Hiperlipidemia |  |
| Hypertension | Hipertensión |  |
| Hyperthyroidism (overactive thyroid) | Hipertiroidismo (tiroides hiperactiva) |  |
| Hypotension | Hipotensión |  |
| Hypothyroidism (underactive thyroid)  | Hipotiroidismo (tiroides hipoactiva) |  |
| Hysterectomy | Histerectomía |  |
| Immunizations  | VacunasInmunizaciones |  |
| Implantable cardioverter defibrillator (ICD)  | Desfibrilador cardioversor implantable  |  |
| Incisions  | Incisiones |  |
| Index finger | Dedo índice |  |
| Inflammation | Inflamación |  |
| Infusion set | Equipo de infusión |  |
| Inhale | Inhalar  |  |
| Injection | Inyección  |  |
| Injury  | Lesión |  |
| Inner ear  | Oído interno |  |
| In-network providers | Proveedores dentro de la red (hospitalaria)  |  |
| Insulin  | Insulina |  |
| Insulin pen | Inyector de insulina |  |
| Insulin pump | Bomba de insulina |  |
| Insulin-dependent diabetes | Diabetes insulinodependiente  |  |
| Invasive procedure | Procedimiento invasivo |  |
| Irregular periods  | Períodos irregulares |  |
| Irritable Bowel Syndrome (IBS)  | Síndrome del intestino irritable |  |
| Itching | Picazón  |  |
| IUD (Intrauterine Device) | Dispositivo intrauterino |  |
| Jaundice | Ictericia |  |
| Jogging | Trotar |  |
| Joint replacement | Reemplazo de la articulación |  |
| Juvenile diabetes | Diabetes juvenil |  |
| Juvenile-onset diabetes | Diabetes de inicio juvenil  |  |
| Keyhole cholecystectomy  | Colecistectomia laparoscópica  |  |
| Kidney disease | Enfermedad del riñónEnfermedad renal |  |
| Labor and delivery | Trabajo de parto y alumbramiento |  |
| Lack of energy | Falta de energía |  |
| Lancets | Lancetas |  |
| Laparoscopic surgery | Cirugía laparoscópica |  |
| LDL cholesterol  | Colesterol de lipoproteína de baja densidad |  |
| Left untreated  | Dejar sin tratamiento  |  |
| Lifestyle changes | Cambios en el estilo de vida  |  |
| Life-threatening condition | Afección que pone el peligro la vida  |  |
| Ligament | Ligamento  |  |
| Lightheaded  | AturdidoMareado |  |
| Live births | Bebés que nacieron vivos  |  |
| Liver | Hígado |  |
| Local anesthesia | Anestesia local |  |
| Long-acting insulin | Insulina de acción prolongada |  |
| Loss of appetite | Pérdida del apetito |  |
| Loss of function  | Pérdida de la función |  |
| Lower back pain  | Dolor en la espalda baja  |  |
| Low-fat diet  | Dieta baja en grasaAlimentación baja en grasa  |  |
| Lump | BultoBolita |  |
| Lymph nodes | Ganglios linfáticos |  |
| Marijuana  | Marihuana |  |
| Mask  | Mascarilla |  |
| Mass | Masa |  |
| Mastoid bone  | Hueso mastoide  |  |
| Mastoid process | Apófisis mastoide |  |
| Mastoiditis  | Mastoiditis |  |
| Measles, mumps, rubella (MMR) | Sarampión, paperas, rubéola  |  |
| Medicaid | Medicaid |  |
| Medical condition | Afección médica |  |
| Medical history | Historial médicoHistorial clínicoAntecedentes médicos |  |
| Medical records  | Expedientes médicosArchivos médicos  |  |
| Medicare | Medicare  |  |
| Medication tier | Nivel del medicamento |  |
| Medicine bottle | Frasco de medicamento  |  |
| Meningitis | Meningitis |  |
| Menstrual cycle  | Ciclo menstrual |  |
| Mesh | Malla |  |
| Middle ear | Oído medio |  |
| Middle finger | Dedo medio |  |
| Midwife | Comadrona  |  |
| Mild ache  | Molestia leve |  |
| Mild pain  | Dolor leve |  |
| Milligrams  | Miligramos  |  |
| Milliliters  | Mililitros  |  |
| Minimally invasive procedure | Procedimiento mínimamente invasivo |  |
| Miscarriage | Aborto espontáneo |  |
| Mood | Estado de ánimo  |  |
| Muffled hearing  | Audición amortiguada |  |
| Muscle soreness | Músculos adoloridos  |  |
| Nasal spray | Espray nasalRociador nasal  |  |
| Natural delivery | Parto natural |  |
| Nausea | Náusea |  |
| Nerve decompression | Descompresión del nervio |  |
| Nicotine patch  | Parche de nicotina |  |
| Nosebleed | Sangrado nasal |  |
| Nuclear perfusion imaging | Imágenes por perfusión nuclear |  |
| Nuclear stress test | Prueba de esfuerzo nuclear |  |
| Numbing drops | Gotas anestesiantes |  |
| Numbness | Entumecimiento  |  |
| Nuts | Nueces |  |
| OBGYN  | Ginecología y obstetricia |  |
| Obstruction (blockage) | Obstrucción (bloqueo) |  |
| Ointment | UnguentoPomada |  |
| On an empty stomach  | En ayunasCon el estómago vacío  |  |
| Once a day | Una vez al día |  |
| Open Enrollment Period | Periodo de inscripción abierta |  |
| Operating room  | Sala de operaciónQuirófano  |  |
| Ophthalmologist | Oftalmología |  |
| Orthopedic specialist | Especialista ortopédicoEspecialista en ortopedia |  |
| Osteopenia | Osteopenia |  |
| Osteoporosis | Osteoporosis |  |
| Otoscope  | Otoscopio |  |
| Outer ear | Oído externo |  |
| Out-of-pocket cost | Gasto de su bolsillo |  |
| Ovarian cancer | Cáncer de ovarioCáncer ovárico |  |
| Over-the-counter medication | Medicamento de venta libreMedicamento que no requiere de receta médica |  |
| Oxygen tank | Tanque de oxígeno |  |
| Oxygen therapy | Terapia de oxígeno |  |
| Pacemaker | Marcapasos |  |
| Painkiller | Medicamento para el dolorAnalgésico |  |
| Palpitations | Palpitaciones |  |
| Pancreas | Páncreas |  |
| Pap smear | Papanicolau |  |
| Passageway | Conducto |  |
| Pelvic exam | Examen pélvico  |  |
| Pelvic inflammatory disease (PID) | Enfermedad inflamatoria pélvica  |  |
| Peptic ulcers | Úlcera péptica |  |
| Physical exam | Examen físico  |  |
| Pill | Pastilla |  |
| Pink-colored urine | Orina de color rosado |  |
| Pins and needles  | Hormigueo |  |
| Plaque  | Placa |  |
| Platelets | Plaquetas |  |
| Polyps | Pólipos |  |
| Postpartum | Posparto |  |
| Pounding heart | Palpitaciones del corazón Corazón que late con fuerza |  |
| Preeclampsia | Preeclampsia  |  |
| Pregnant | Embarazada |  |
| Premium  | Prima |  |
| Prenatal vitamins  | Vitaminas prenatales |  |
| Prescription coverage | Cobertura de la receta  |  |
| Prescription drug  | Medicamento que requiere receta médica |  |
| Pricking pain  | Dolor que puyaDolor punzante |  |
| Primary care | Atención primaria  |  |
| Primary care physician | Médico de cabecera |  |
| Procedure | Procedimiento |  |
| Pulmonary function test  | Prueba de función pulmonar |  |
| Pulmonary rehabilitation | Rehabilitación pulmonar |  |
| Pulse oximeter | Oxímetro de pulso |  |
| Pus | Pus |  |
| Radiating pain  | Dolor que se expande |  |
| Radius | Radio |  |
| Range of motion | Alcance de movimiento |  |
| Rapid strep test | Prueba rápida de estreptococos |  |
| Rapid-acting insulin  | Insulina de acción rápida |  |
| Rash | Sarpullido |  |
| Recovery area | Área de recuperación |  |
| Red blood cells | Glóbulos rojos |  |
| Redness | Enrojecimiento |  |
| Referral | ReferenciaRemisión |  |
| Refill | Receta |  |
| Regional anesthesia | Anestesia regional |  |
| Relief | Alivio |  |
| Runny nose | Moqueo nasal |  |
| Sclera | Esclerótica |  |
| Seizures | Crisis epilépticas |  |
| Sexually transmitted disease (STD) | Enfermedad de transmisión sexual |  |
| Sharp pain | Dolor agudo |  |
| Short of breath | Falta de aire |  |
| Shortness of breath | Falta de aire |  |
| Shoulder blades | OmóplatoEscápula |  |
| Side-effect | Efecto secundario |  |
| Sit her on your lap | Siéntelo sobre su regazo |  |
| Skin patch | Parche en la piel Parche cutáneo |  |
| Smallpox | Viruela |  |
| Smoking | TabaquismoFumar |  |
| Smoking cessation program | Programa para dejar de fumar |  |
| Soft foods | Alimentos blandos |  |
| Sore throat | Dolor de garganta |  |
| Spasms | Espasmos |  |
| Specialty care | Atención médica especializada |  |
| Spine  | Columna  |  |
| Spirometer | Espirómetro |  |
| Spotting between periods | Manchado entre períodos |  |
| Squeezing pain | Dolor que aprieta |  |
| Stabbing pain  | Dolor punzante |  |
| Stent | EsténStent |  |
| Stenting | Colocación de un estén  |  |
| Step on the scale  | Súbase en la báscula |  |
| Steroid medication | Medicamento esteroide |  |
| Stethoscope  | Estetoscopio |  |
| Stiff joints | Articulaciones rígidas |  |
| Stitches | Puntos |  |
| Stomach cramps | Cólicos estomacales |  |
| Streaks of pus | Rayitas de pus  |  |
| Strep throat | Faringitis por estreptococos  |  |
| Stress test | Prueba de esfuerzo |  |
| Stressed | Estresado |  |
| Stretcher  | Camilla |  |
| Stroke | Derrame cerebral |  |
| Stuffy nose | Nariz tapada |  |
| Sugar intake | Consumo de azúcar |  |
| Surgeon | Cirujano |  |
| Surgery | Cirugía |  |
| Surgical cut  | Corte quirúrgico |  |
| Surgical treatment  | Tratamiento quirúrgico |  |
| Sutures | Suturas |  |
| Swab test | HisopadoPrueba con hisopo |  |
| Swab, Q-tip  | HisopoCotonete |  |
| Swelling | Hinchazón  |  |
| Syphilis | Sífilis  |  |
| Tablet | Tableta |  |
| Tachycardia | Taquicardia |  |
| Tailbone  | Coxis Cóccix |  |
| Target heart rate  | Frecuencia cardíaca objetivo |  |
| Temperature | Temperatura |  |
| Temples | Sienes |  |
| Tenderness | Sensibilidad dolorosa |  |
| Tendon | Tendón |  |
| Test strips | Tiritas reactivasTiritas de prueba  |  |
| Tetanus | Tétano |  |
| The flu | La gripe |  |
| The full course of antibiotics | El tratamiento completo de antibióticos  |  |
| The lens of your eye | El cristalino del ojo  |  |
| The physician on call  | El médico de turno |  |
| Throat lozenges | Pastillas para chupar para la garganta |  |
| Throbbing pain | Dolor pulsátil  |  |
| Thumb  | Pulgar |  |
| Thyroid disease | Enfermedad de la tiroides |  |
| Thyroid disorders | Trastornos de la tiroides |  |
| Thyroid level | Niveles de la tiroides |  |
| Tight pain | Dolor apretado |  |
| Tingling | Hormigueo |  |
| To be overweight  | Tener sobrepeso |  |
| To bend over  | Inclinarse  |  |
| To block the pain | Bloquear el dolor |  |
| To breastfeed | Amamantar |  |
| To breathe in | Inhalar |  |
| To breathe out | Exhalar |  |
| To catch a cold  | Resfriarse |  |
| To clear your throat | CarraspearAclararse la vozAclararse la garganta |  |
| To conceive a baby  | Concebir un bebéTener un bebé |  |
| To contract a disease | Contraer una enfermedad |  |
| To cough up blood | Toser sangreExpectorar sangre |  |
| To cough up phlegm | Toser flemaExpectorar flema |  |
| To exert yourself | Hacer esfuerzo |  |
| To feel angry | Sentirse enojado |  |
| To feel nervous  | Sentirse nervioso |  |
| To gain weight  | Subir de peso |  |
| To gargle | Hacer gárgaras |  |
| To gasp  | Jadear |  |
| To grimace | Hacer una mueca de dolor |  |
| To have a cold | Tener un resfriado |  |
| To listen to your heart and lungs | Escuchar su corazón y pulmones |  |
| To open the airways  | Abrir las vías respiratorias |  |
| To pant | Jadear |  |
| To pass out  | DesmayarseDesvanecerse |  |
| To pass the kidney stones  | Expulsar las piedras en los riñones |  |
| To prescribe | Recetar |  |
| To puke | Vomitar |  |
| To reduce a fracture | Reducir una fractura |  |
| To reimburse | Reembolsar |  |
| To run a fever | Tener fiebreDarle fiebre (a uno)  |  |
| To run in the family | Venir de familia |  |
| To run out of medicine  | Quedarse sin medicamento |  |
| To set or realign a bone  | Fijar o realinear un hueso |  |
| To stay still | Quedarse quieto |  |
| To strain yourself | Esforzarse |  |
| To swab | Sacar una muestra con hisopo |  |
| To thin the uterine lining  | Reducir el espesor del revestimiento uterino  |  |
| To throw up | Vomitar |  |
| To trigger  | Desencadenar |  |
| To undergo surgery | Someterse a cirugía  |  |
| Tongue depressor | PisalenguasAbatelenguas |  |
| Tonsils | Amígdalas |  |
| Topical lotion | Loción tópica |  |
| Transient Ischemic Attack (TIA) | Ataque isquémico transitorio |  |
| Treadmill | CaminadoraCinta caminadora  |  |
| Triage | Triaje |  |
| Trigger | Desencadenante |  |
| Trimester | Trimestre |  |
| Tuberculosis | Tuberculosis |  |
| Twitching  | TemblorTic nervioso |  |
| Tympanostomy tubes | Tubos de timpanostomía |  |
| Type 1 diabetes mellitus  | Diabetes tipo 1 |  |
| Ulna  | Cúbito |  |
| Ultrasound  | Ultrasonido |  |
| Ultrasound tech  | Técnico de ultrasonido |  |
| Unbearable pain | Dolor inaguantable |  |
| Upset stomach  | Malestar estomacal |  |
| Urgent care services | Servicios de cuidados urgentes |  |
| Urinalysis | Uroanálisis  |  |
| Urinary Tract Infection (UTI)  | Infección del tracto urinario |  |
| Urine specimen | Espécimen de orinaMuestra de orina |  |
| Uterine cancer | Cáncer uterinoCáncer de útero |  |
| Uterus | Útero |  |
| Uvula | Úvula  |  |
| Vaginal discharge | Flujo vaginal  |  |
| Valves | Válvulas  |  |
| Varicella  | Varicela |  |
| Varicose veins | Venas varicosas |  |
| Veins | Venas |  |
| Venereal warts | Verrugas venéreas |  |
| Ventilator | Respirador (mecánico)Respirador (artificial) |  |
| Ventricles | Ventrículos |  |
| Vitamin | Vitaminas |  |
| Weak or narrow arteries  | Arterias débiles o estrechadas |  |
| Weight gain  | Aumento de peso |  |
| Weight loss | Pérdida de peso |  |
| Wet cough | Tos húmeda |  |
| Wheezing  | Respiración con silbidoSibilancia |  |
| White blood cells | Glóbulos blancos |  |
| White patches | Manchas blancas |  |
| Womb  | Útero |  |
| Wound | Herida |  |
| Wrist | Muñeca |  |
| X-ray scan | Radiografía |  |
| Yearly flu shot | Vacuna anual contra la gripe |  |
| Yeast infection | Infección vaginal por hongos |  |
| Yellowing of the skin | Amarillamiento de la piel  |  |